

TAKE THE MATTHEW 25 CHALLENGE

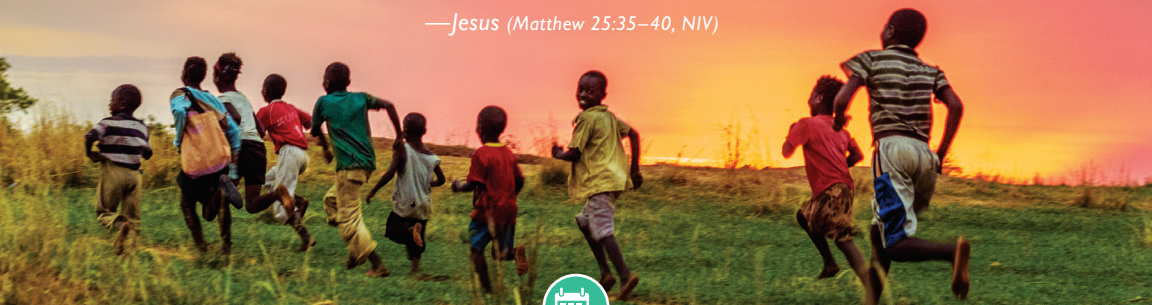
Experience God's Word in community
through a week-long daily challenge.



"For I was **hungry** and you gave me something to eat,
I was **thirsty** and you gave me something to drink, I was
a **stranger** and you invited me in, I **needed clothes** and
you clothed me, I was **sick** and you looked after me,
I was **in prison** and you came to visit me ...

Truly I tell you, whatever you did for one of the least of these
brothers and sisters of mine, you did for me."

—Jesus (Matthew 25:35–40, NIV)



☐ DAY ONE

Today, for one of your meals eat a very simple meal together.

☐ DAY TWO

Drink only water today.
No juice, milk, or soda!

☐ DAY THREE

Sleep on the floor tonight (or during nap time).

☐ DAY FOUR

Choose one piece of clothing – socks, shirt, etc. – and wear it again.

☐ DAY FIVE

Help your child think of someone they can encourage today.

☐ DAY SIX

Take a family prayer walk.

☐ **CELEBRATE TOGETHER!** Reflect together at your MomCo Meetup!