



## Pathways of Peace

### Peace

**Negative definition:**

*absence or direct or physical violence*

**Positive definition:**

*presence of conditions of well-being and just relationships; socially, economically, politically, and ecologically*

**Structural violence:**

*examples: poverty, hunger,  
gender, inequality*

**Cultural violence:**

*examples: racism, sexism,  
religious intolerance*

**Direct violence:**

*examples: macro (war and torture)  
micro (violence and abuse)*