# Approaches to Peace

**Peacekeeping:**
Ending direct violence (focuses on ending the physical violence).

**Peacemaking:**
Changing attitudes through dialogue and mediated negotiations. Looks into addressing cultural violence.

**Peacebuilding:**
Structural transformation of the conflict's root causes, which come from political, economic, and social spheres.

**Just Peace:**
Built upon three pillars:
- A process and structure of human relationships using high justice (courts, laws, and governments).
- Communities that actively respond to conflict by nonviolent means.
- A system that is permanent and long-lasting.

**True Peace:**
A participatory nonviolent process that aims to prevent any form of violence, embraces respect for human rights, and helps nonviolent human interaction continue.