



## Approaches to Peace

**Peacekeeping:**

Ending direct violence, most of the time with a priority on the physical violence.

**Peacemaking:**

Changing adversarial attitudes through dialogue and mediated negotiations. It looks into addressing cultural violence.

**Peacebuilding:**

Structural transformation of the conflict's root causes from political, economic, and social spheres.

**True Peace:**

A participatory nonviolent process that aims to prevent any form of violence, embraces respect for human rights, and aids the maintenance of nonviolent human interaction.

**Just Peace:**

Built upon three pillars:

- An adaptive process and structure of human relationships using high justice and low violence.
- A societal infrastructure that actively responds to conflict by nonviolent means.
- A permanent system that allows interdependence of relationships and change.