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Tales from around the world of kids who never gave up



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Introduction

Right now, a girl is dreaming up a video game that's fun to play but also teaches kids about protecting the environment. A boy is sketching designs for a new robot he'd love to invent.

A teen is working out how to start an art club to help kids become award-winning artists. A girl is writing a book about all the ways you can help other people without really trying.

Right now, kids all over the world are dreaming.

They're staring out their windows into the world – curtains open so nothing can block their view – thinking about how to put their wildest dreams, their next moves, their big ideas into action.

In some parts of the world, it's harder for girls and boys to do everyday things that most of us take for granted: to have the chance to be born, survive childhood, go to school, choose a job, or just choose their path at all.

That's because they were born into families and communities struggling to provide the basic things people need to survive, such as food, a safe home, clean drinking water, and medicine when they get sick, or personal items to keep them healthy like a toothbrush and soap.

And sometimes, their communities' beliefs about what kids can and can't do, especially girls, are holding them back.

But, even with these challenges, kids can still dream big dreams.

Kids can still have big, mind-blowing, life-altering ideas. Or little world-changing ones, too. And make them happen.

In the 100 countries where World Vision works, we have front-row tickets to the challenges that kids growing up in tough places face. But also to the amazing dreams kids have and how they are standing up, speaking up, and taking action to create the world they want to live in.

They're part of a transformation that's happening for girls and boys around the world. It's happening bit by bit – one idea, one conversation, one law, one small business, one life at a time – in homes and communities worldwide.

It's incredible and exciting – and it's a change we can all be part of! That's why we wrote this book.

These are the stories of 10 girls and boys who were curious, determined, creative, and brave. They believed they could change their worlds and they didn't give up until they did.

They are today's change-makers, writing their own stories in small ways and big ways (and small ways that turn into big ways). Together, these girls and boys, and millions more like them, are revolutionising the world.

Right now, there is a girl or boy holding this book, who is shaping the future, too. It will be all we decide to make it. Let's go.

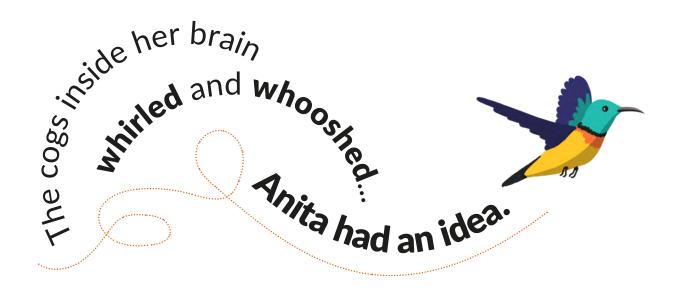


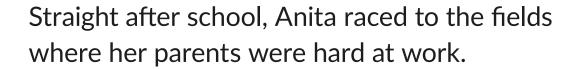
In Kenya, where Anita lives, lots of people eat corn for breakfast, lunch, and dinner.

But a few times a year, the clouds disappear. The skies lock shut. There is no rain and that means no corn. Anita's tummy rumbled when she had to go to bed hungry.

Anita was fed up! She dreamed that her belly was full and her cupboards were stocked with food.

How could her family grow enough food to eat when the rain disappeared?





"Why don't we grow something else? Something other than corn?"

Her friends at World Vision had been teaching people in Anita's village new ways to grow food.

Anita found out about all the not-corn foods that can grow from a few tiny seeds! Some can grow even when there isn't much water.

She learned how burying dry leaves into the soil can give plants more water to drink when the dry season arrives. So cool!

She discovered you can even use animal poo as plant food to help plants grow. Who knew poo could be so useful?



But not everyone wanted to listen to a 9-year-old.

"They don't know what they're talking about."

"They haven't lived long enough to have clever ideas like adults."

Or have they?

Anita believed in her **big idea**.

She wouldn't give up, even though her family had never planted anything other than corn before.

Finally, she convinced her parents to try it!



Today, Anita is 11 years old.

Her garden is full of...

sweet potatoes, bananas,

apples,

sugarcane,

and mangoes.

Her belly is full, even when there's no rain! Because she didn't give up on her big idea, no matter what other people said.



"Even if our corn doesn't grow well, we don't go to sleep hungry," she says proudly. "My parents can still earn money by selling our other crops."

Anita loves to teach kids in her village all the things she has learned about growing food.

"Even though we're young, we can still make a difference. We can make our lives better, and help our families and community!"



What about you? If you could change one thing your family does, what would it be?



Buyandorj lives high in the mountains of Mongolia, where it's rocky and cold.



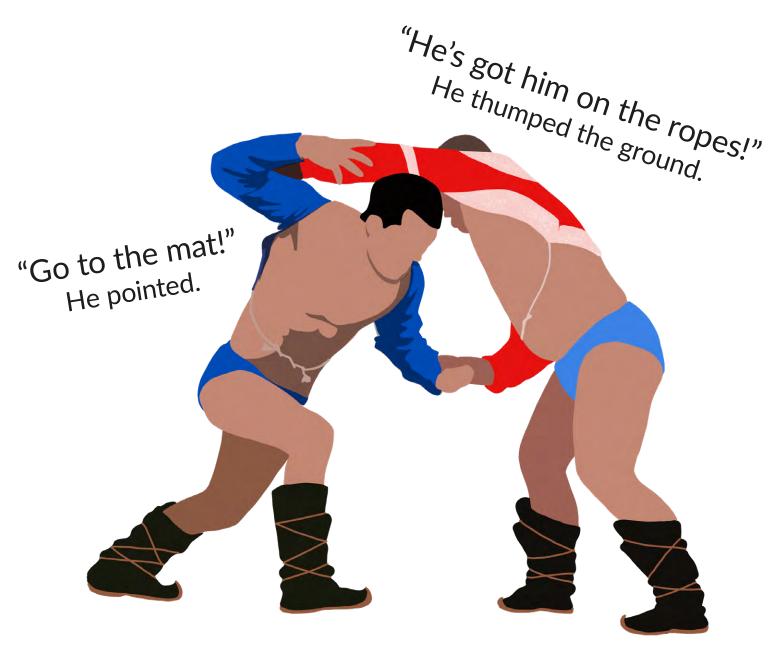
He loves to **run**and **jump**and **balance**on his **head**.
But most of all,
he loves to **wrestle**.

When he was little, Buyandorj went to a small school in a small village. Every day at lunchtime, he would stand in the middle of the grass and call out to the other kids.



In Mongolia, wrestling is a big deal. Buyandorj loved to watch the wrestlers on TV **duck** and **dive**, **grapple** and **grip**, **pause** then **pounce**.

It was like Buyandorj was there. He'd copy their moves, imagining the commentary and the cheering crowd were all for him.



"Buyandorj is the champion!"
He spun around, holding his arms up in the air.

He turned to his grandmother, who was stirring a hot pot of stew for their dinner. Outside, snow whirled all around.

"One day, you'll see me wrestling on TV, Gran,"

he said.

Buyandorj's grandmother smiled and hugged him. But deep in her heart, she worried. Their family struggled to buy food to eat and pay for Buyandorj to go to school. Becoming a professional wrestler sounded expensive.

How would they afford that, too?



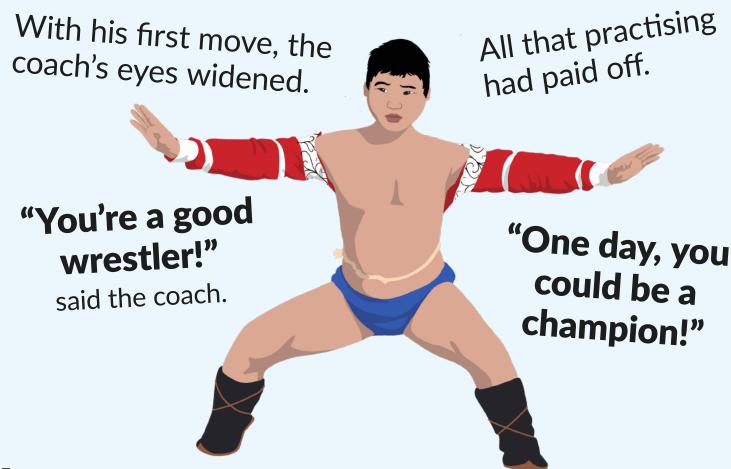
Soon, the snow melted and the sun arrived. Buyandorj left his small school and went to a new, big school in the big city. The city was **exciting!**

In between the tall buildings, new sounds and funny smells, Buyandorj discovered a wrestling club that taught kids like him to be world-class wrestlers. This was his chance to kickstart his wrestling career!

Buyandorj was nervous. The other kids told him he needed a special singlet and shoes. He knew his family didn't have the money to pay for them.

But Buyandorj had a sponsor – a person he had never seen, but who wanted to help him and other kids in his community to grow up strong and be able to chase their dreams.

With his sponsor's help, Buyandorj got the uniform he needed – and lots of other things, too, such as winter clothes and schoolbooks.



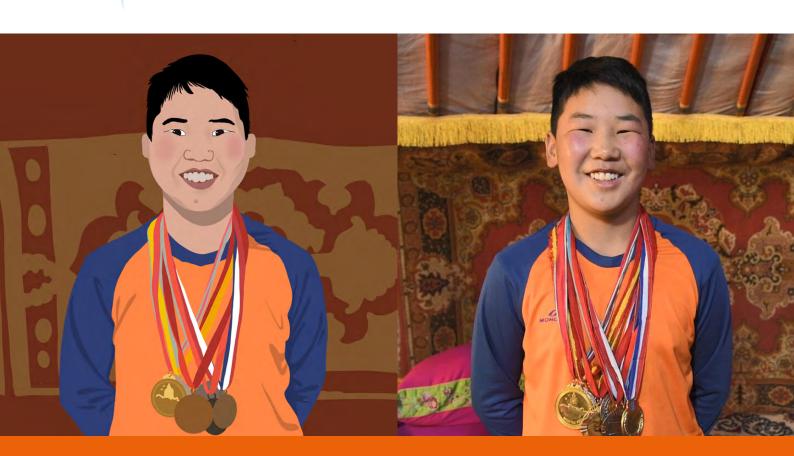
Now, Buyandorj is 13 years old and he's training hard. His dream? To wrestle for Mongolia at the Olympic Games.



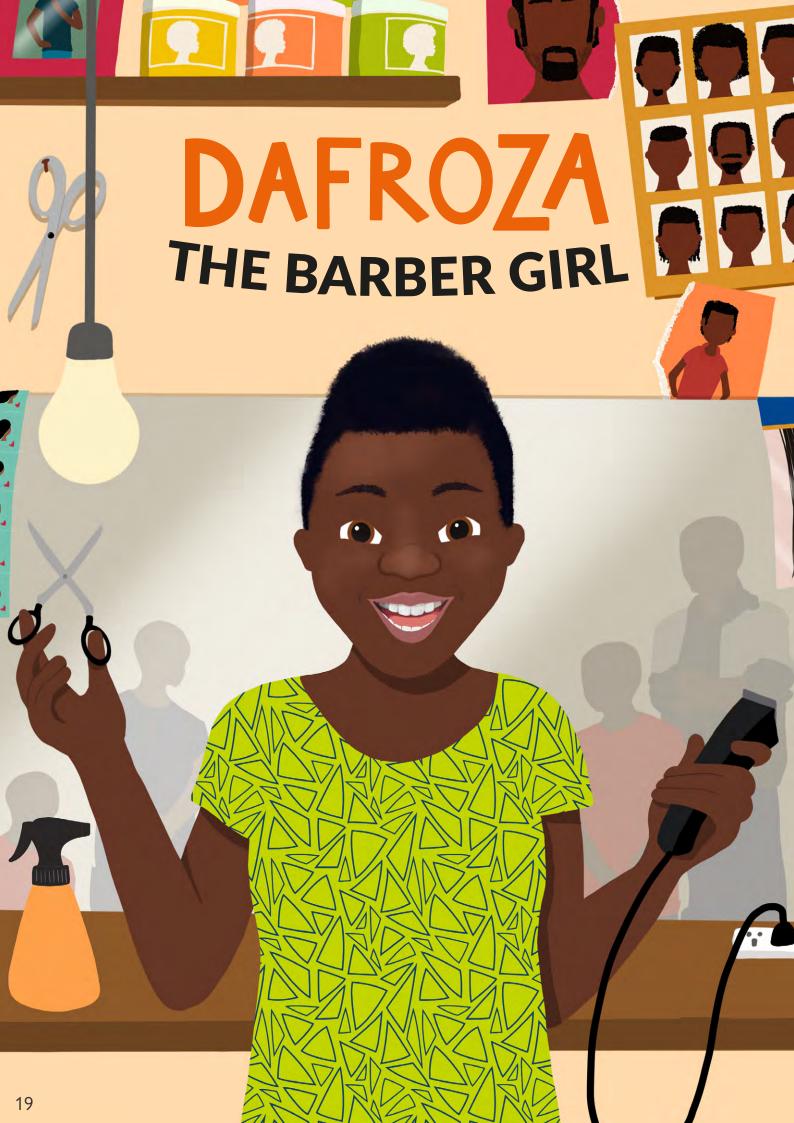
Every morning, Buyandorj walks 5 kilometres to train at the wrestling club. It's a long way, but he's willing to do what it takes.

One day, he hopes, his Gran will turn on the TV and there he'll be.

"Achieving my dream is the whole world to me," Buyandorj says.



What about you? How far would you walk every day to do something you love?



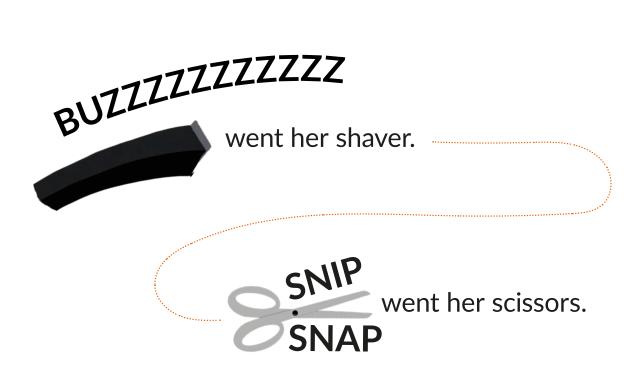
Buzzzz goes the shaver. Snip-snap go the scissors.

Fifteen-year-old Dafroza loved the hum of the barbershop in her village in Tanzania. She would watch closely as the barbers trimmed her brothers' hair. She loved the smell of the shampoo and cologne.

I want to be just like that, she thought.

Dafroza was determined to try.

Her dad had an old shaver, so she got it out and began practising on her brothers at home.



Soon, Dafroza had her brothers' hair looking better than ever. Word quickly spread around the village that it was Dafroza who kept her brothers looking so sharp.



Neighbours began bringing their boys to Dafroza for a **clip**, **crop**, and **cut**.

Dafroza knew she could be a really good barber if she had the chance.

But in her village, that was a job for men – *only* men.



Her friends at World Vision thought differently.
They believed in her dream.

"You can do anything you want to, if you work hard to achieve it," they told her.

"Dad," Dafroza said,
"I want to work at the barbershop."

"A barber?!" said her dad. "That sounds crazy! Girls can't be barbers."

So, he took Dafroza to the ladies' hair salon instead. But Dafroza didn't like the smell of the hairspray. She missed the shaver.

"Dad," she said, "I don't want to work at the hair salon. I want to be a barber girl."



Dafroza's dad harumphed. He worried. Then he sighed.

"My daughter wants to be the first barber girl in Mvugwe," he told the barber.

"Girls can't be barbers!" said some of the men waiting for a trim.

"Girls can't be barbers!" added one of the wives looking on.

I'll show them, Dafroza thought.

Buzzzz went Dafroza's shaver. **Snip-snap** went her scissors.

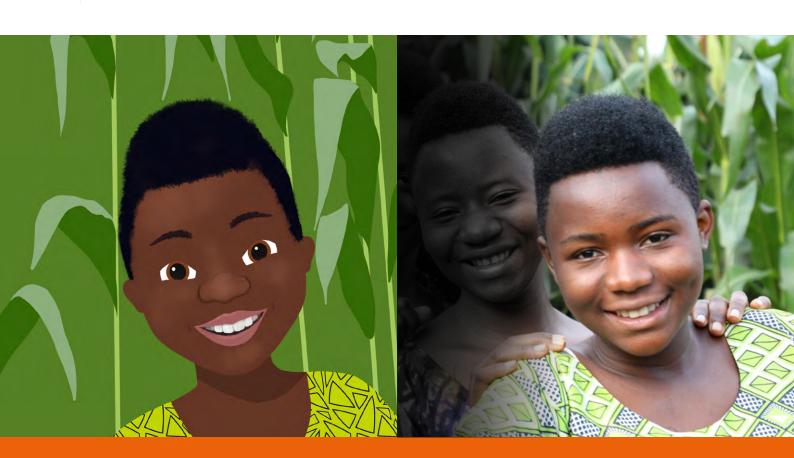
"We've never had a barber girl before, but now, here we are."

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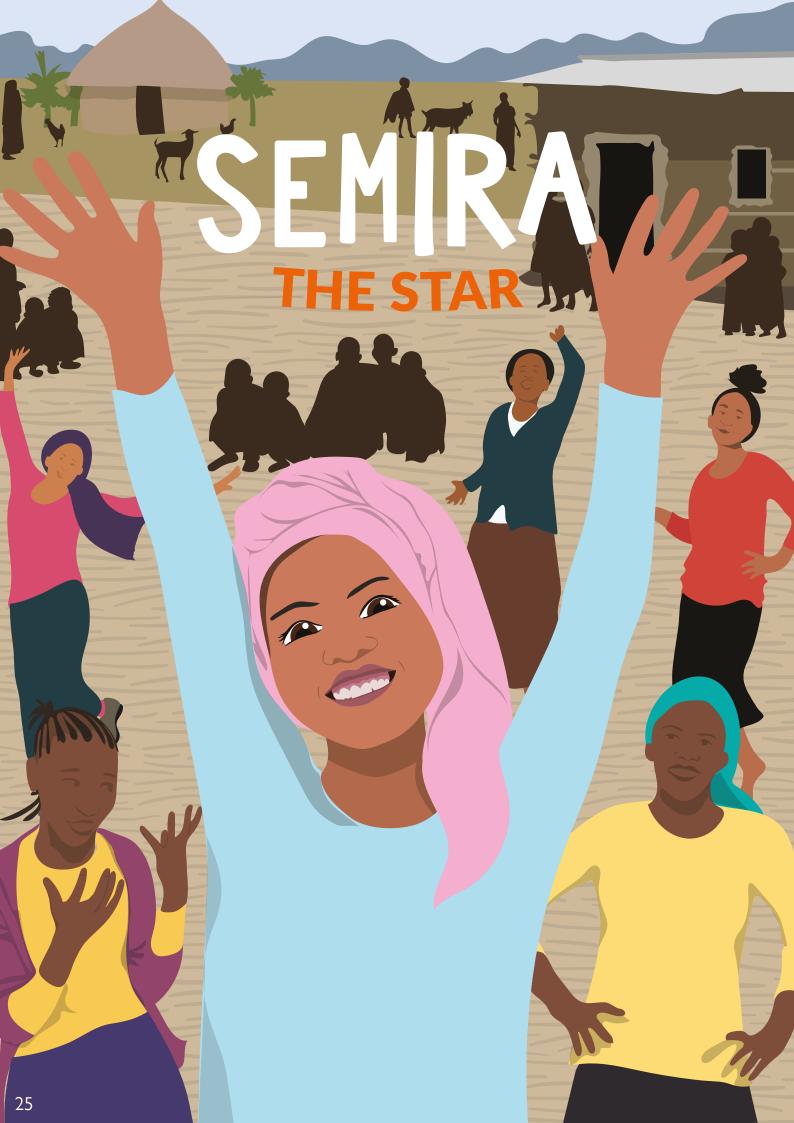
Today, customers come from all over the region to have Dafroza cut their hair. She is working hard to learn all she can, so one day she can open her own barbershop and hire barber girls and boys.

The barber is proud of her. And so are her parents and her nine brothers and sisters.

"People told me I was crazy, letting Dafroza work at a barbershop," says her dad. "I say to them, look at her now. She's doing what she believes in."



What about you? Have you ever been the first person to do something in your family or community?



Every morning, Semira fetched the water. Then she collected the firewood. And then she cooked the food.

The whole time, her three brothers would play with their friends or relax under a tree.

In her village in Ethiopia, girls did all the chores. Boys didn't. But no one thought there was anything strange about that.



Semira guessed it didn't matter.

Girls in her village were often married before they finished school, anyway.

Many girls didn't decide who they married, or if they wanted to get married so young.

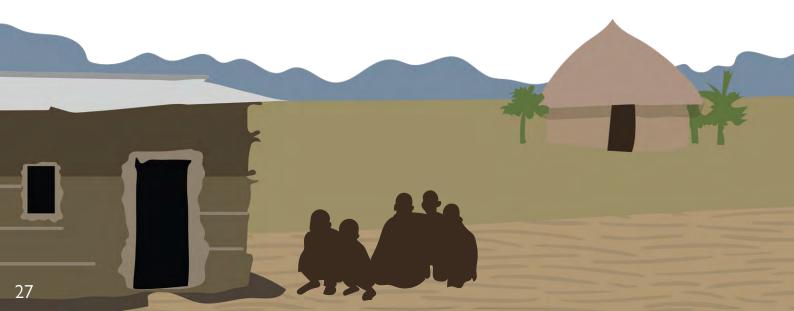
It was just how things were in her village.



That was until Semira turned 13, and everything changed.

World Vision friends were working in her community. They explained to boys and girls, including Semira, and their teachers and school principals, that **things could be different**.

They explained that the laws in Ethiopia said girls should be able to go to school, choose whether to get married or not when they grew up, and decide what they wanted to be.



Semira learned that some of the traditions in her village were dangerous for girls and that girls, not just boys, should be able to **play** and **study** and **dream** of doing amazing things, too.

"I'm going to make sure everyone knows what girls can do!" Semira said.

And that's when she had her **BIG idea**. Semira and her friends wasted no time – they set up a girls' club.

When they met up, they wrote plays and poems and songs. They practised until they got them just right. Then they started performing them for kids and adults all over their village. People **LOVED** them!

Semira's songs and plays weren't just fun to watch.

They had a **secret weapon** – they were full of important messages.

People watching would think not just about **how things were**, but how they **should be**.

Their plays and poems and songs talked about the rights of boys and girls to feel safe, make their own choices, and have a bright future.

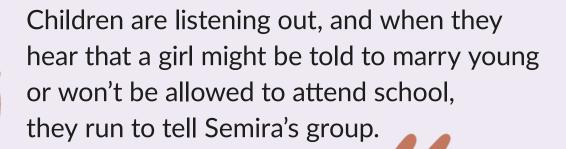


Now, Semira's group performs at her school every week, as well as lots of other schools.

She's the star of the show!

Semira and her friends don't just sing and dance about changing things – they make it happen, too.

And lots of kids are joining them.



Then Semira's group gets the school principal or the police to help out.



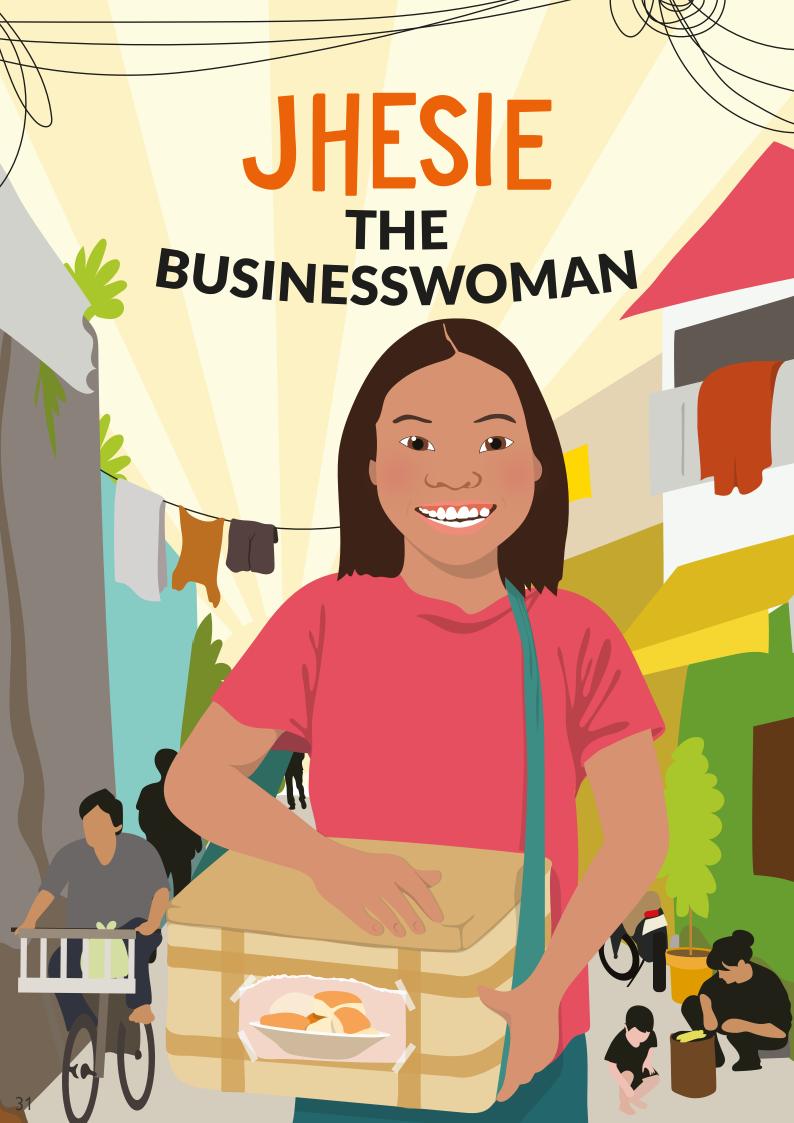
Together, the kids are keeping each other safe and free! Today, Semira is 15 years old, and she knows the world is what you make it.

She has a new dream and she's working out how to make it happen.

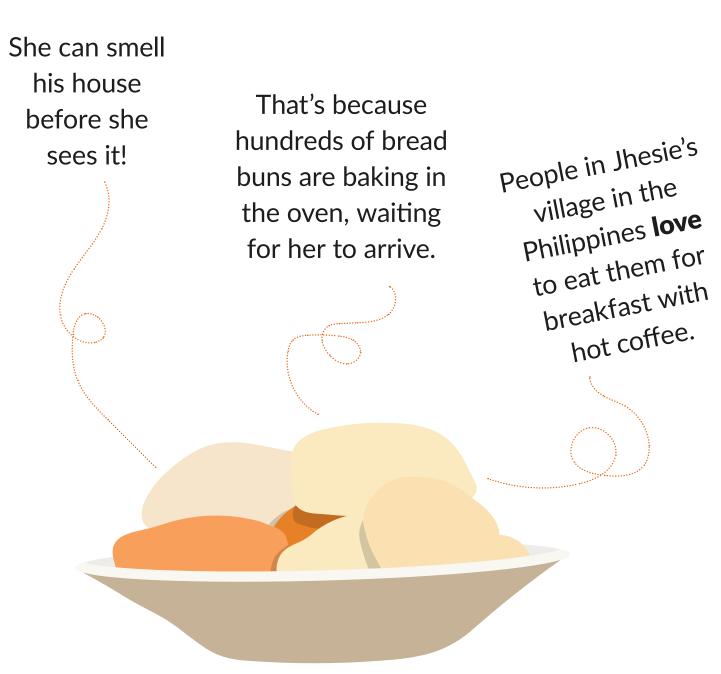
"I want every girl to have the chance to finish school," she says. "And to see girls be leaders!"



What about you? Would you like to be the star of a show? What sort of show?



Before the sun rises, when most kids are fast asleep, 10-year-old Jhesie is already dressed and running out the door to her uncle's house.



These buns are called **pandesal**.

"YUM! They smell delicious!" she shouts.

But Jhesie's not at her uncle's house to eat. She's there to work! She stacks piles of the warm buns into boxes, ready to sell.

"Pandesal!" she calls, as she walks through her neighbourhood. "Warm and tasty, straight from the oven! Get your hot pandesal!"

Jhesie is a master businesswoman.

She tracks what she's sold in a notebook and stores her earnings in a special bag.

She's a whizz at adding up her sales on the run!

It's not always easy getting up before dark and being a businesswoman before school every day.

But through those little buns, Jhesie has discovered a big secret.



Do you know what it is?

Saving a little bit of money every day can add up to something big!

Jhesie learned the secret from her World Vision friends. They showed her and the other kids how to set up a group to learn about saving money.

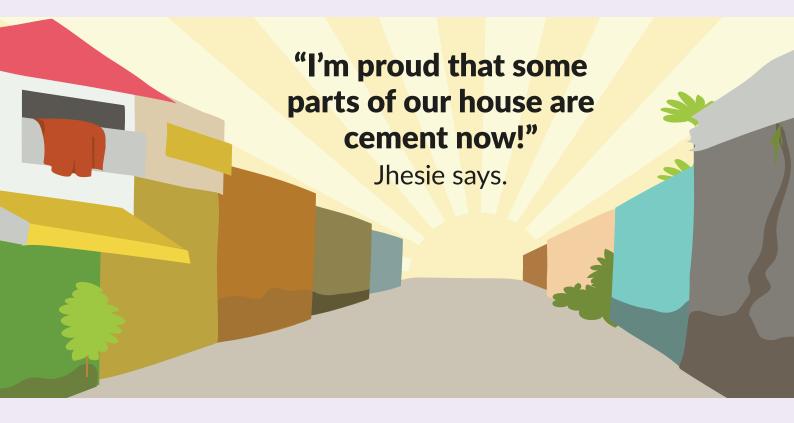
First, Jhesie saved a bit of the money her parents had given her to buy lunch. (Don't worry, she kept enough for lunch!)

Every week, she and her friends would put the money they'd saved in a locked box for safe keeping.



At the end of the year, Jhesie counted her cash. There was a huge pile of coins – enough to buy **some new clothes** and help her parents **fix part of their house**.

Her family's home was made mostly of bamboo, which meant the wind and rain could get in.



Jhesie wanted to save more money. So, she asked her uncle if she could help him with the morning sales of pandesal buns.

After one year of selling pandesal buns and saving her money, Jhesie bought her family a **mobile phone**!

Not only could they **stay in touch**, but she also used it to **learn online** when her school was closed.

Now, Jhesie has a **really big goal**. She wants to open her own restaurant.

"I'll decorate the walls with stickers and cut-out drawings of flowers, clouds, and birds to make it beautiful," she says.

"I'll always buy chocolate ice cream for my brothers and sisters and parents. And I'll save so much that we'll be able to buy everything we need."

Some kids dream of being entrepreneurs when they grow up, but Jhesie doesn't need to dream – even though she's young, she already is one!



What about you? What's the best thing you could save your money for?



Isaac frowned as he walked along the road to school. Everywhere he looked, there was rubbish!

Where **grass** and **flowers** should be growing, hundreds of **empty bottles** and **cans** and **wrappers** were sprouting up out of the ground.

In some spots, the rubbish piled up like mountains.

But unlike the beautiful green mountains soaring around Isaac's village in Nicaragua, the rubbish mountains were ugly.



When it rained, the bottles and plastic containers lying around the village filled up with water. This made the perfect nest for mosquito babies to hatch in.

The mosquitoes in Isaac's village can carry deadly diseases in them.

This was a **BIG problem** for Isaac and his friends.

They often got sick from **dengue**. It's a terrible fever that comes from mosquitoes and causes skin rashes, vomiting, and dehydration.

No thanks!

Some even meaner mosquitoes carry a disease called **malaria**, which can kill you.

Sometimes, so many people were sick from mosquitoes in Isaac's village that the local health centre couldn't look after everyone.

Walking home one day, Isaac saw someone finish drinking from a bottle and toss it away, right in front of his eyes.

That's it! thought Isaac. Things have got to change!

Isaac is a smart kid. He has a sponsor who lives in another country and helps him and other kids in his community to **grow**, **learn**, and **think big**.

"I'm going to help solve this rubbish problem!" he decided.

Isaac heard World Vision friends talking to people in his village. They were explaining how good hygiene – like keeping your **hands**, **homes**, and **community** clean – could help everyone to stop getting sick so much.

"That's the answer!" shouted Isaac.

Even though he was only 16, he decided to become a hygiene hero in his village.

Isaac learned all about how to stop rubbish messing up the streets. He learned how to stop the village's drinking water from getting dirty. And he learned the right way to wash his hands.

"We thought we knew how to wash our hands, but with the training, we realised we didn't!" laughs Isaac.

He started visiting families all over his village to teach them the things he'd learned, so they could make themselves healthier – and their **beaches**, **forests**, **roadsides**, and **rivers**, too.



Not long afterwards, COVID-19 began to make people sick. Everyone in the village was glad Isaac had taught them the right way to wash their hands to protect themselves from diseases like that. Today in Isaac's village, the streets are much cleaner. Fewer people throw plastic bottles on the ground. Instead, they put rubbish in the bin or reuse things. That's keeping the mosquitoes away.

Isaac is proud of the changes his village has made. And he helped make them happen, even though he's just a kid. Isaac fought for his community, his friends, and the planet!

"Look what we did," he says with a grin. "Our village is clean now!"



What about you? What do you think needs to change in your community? What could you do about it?



Sudha looked out the window and sighed. Other kids ran past, flying kites and laughing.

"Girls should stay at home and help their mothers," her dad said.

Staying at home all the time is BORING! thought Sudha.

But she didn't say it.

Where Sudha lives in India, some parents think girls shouldn't speak up or give their opinions.

They'd rather girls didn't have opinions at all.

But 6-year-old Sudha had **lots of opinions.**



Sudha couldn't wait to start school!

But she didn't know if she'd be allowed to go, because not all girls went to school in her village.

Going to school was expensive.

Her parents didn't have much money, and she was one of three kids.

Lots of people she knew said going to school and learning to think or explore big ideas was for boys.

And cleaning up, cooking and caring for babies was for girls.



"Girls can learn and think and speak out, just like boys,"

said the World Vision friends in her village.

Sudha wanted to know MORE.

Could she go to school, too?

Could she learn and think and have BIG ideas?

The World Vision friends invited Sudha to join a children's group. Each week, kids met to share their ideas and dream of ways to make their community amazing.

My ideas matter! Sudha thought.
I'm a girl, but I'm also part of something
big and important!

The World Vision friends also made sure Sudha had the books, bags, pens, and paper she needed for school. So her parents let her go.



Sudha loved school!

She learned a lot at the children's group meetings, too. Even though she had lots of opinions, she felt shy talking at first. But soon, she was talking in front of 120 other kids, sharing her thoughts on how they could make their community great.

Can you guess what Sudha said?

"It's not fair that girls should have to fight to go to school.

We need to make sure girls know their rights!"

Today, Sudha is 14 years old. She talks to all the girls she meets, and their parents, too. She tells them that girls can learn and speak up and chase their dreams, just like boys can.

Sudha's dad doesn't think girls should stay home anymore. She's shown him just how much girls can do!

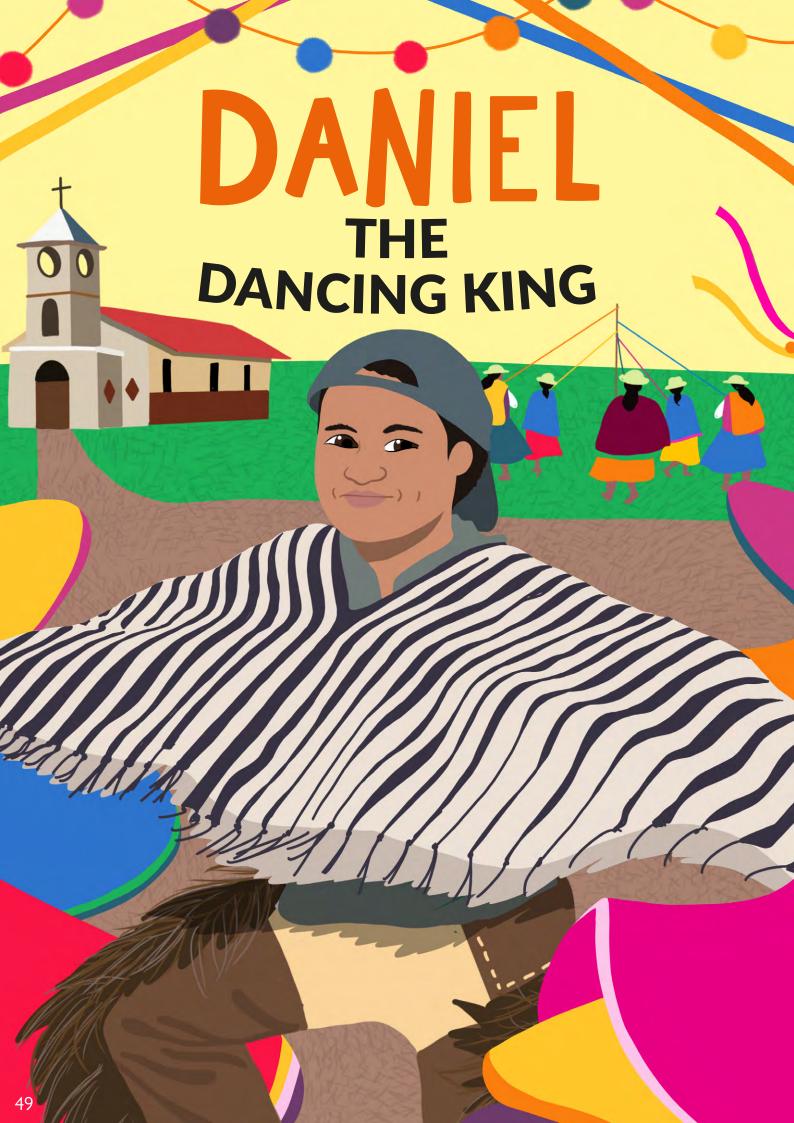
Sudha is studying hard so she can chase her dreams. She wants to join the government to help make her community, and others like it, even better.

"After I joined the children's group, I realised there are so many people out there who need help – not just me.

"So, I've set my goal and I'm working towards it!" Sudha says.



What about you? What's your big idea? What big change would you like to be part of?



Daniel spins and whirls, faster and faster. He swoops down low; he reaches up to the sky. All around him, other kids spin and whirl, too.

The dust blows all around them, like a big crowd standing up to clap.

His heart feels as light as his feet. He feels like he could fly.

Daniel is 17 years old, and lives in a village high in the mountains of Ecuador.

He loves to dance because it makes him feel free and proud.

But it wasn't always this way.

When Daniel was 8, his father left and didn't come back. Daniel felt scared and sad. He hid away from other people.

What would happen to him and his family now?

They didn't have much money. Even though his mother got a job sewing clothes for people, she struggled to earn enough money to buy food.

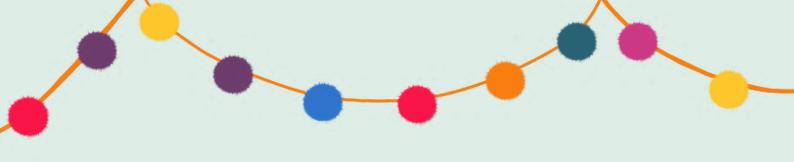
Daniel's mother worked hard – from early in the morning when the sun was rising and the roosters started to crow, until after the stars came out to play.



And his mother was **busy working**.

Daniel felt **lonely**, **sad**, and **afraid** of what others thought of him.

Why would anyone care about me? he thought.



But then Daniel met some World Vision friends in his community, who were teaching kids to believe in themselves – and build brighter futures. With their help, Daniel and his family got back on track.

Daniel's mother learned how to grow her own vegetables so the family had food to eat.

Daniel went to activities and training where he learned skills that he could use to earn money for his family after he finished school.

He also learned to speak up, and share ideas, and even be a leader.

Best of all, Daniel learned that he loved to dance!

And he was good at it.

He was a dancing king!

When Daniel was dancing, he didn't feel shy or scared. He felt strong and confident. He felt proud of who he was and where he came from.

He would dance the special dances of Ecuador that his grandparents and great grandparents had danced, and their grandparents and great grandparents before them. He was carrying on the traditions of his ancestors.

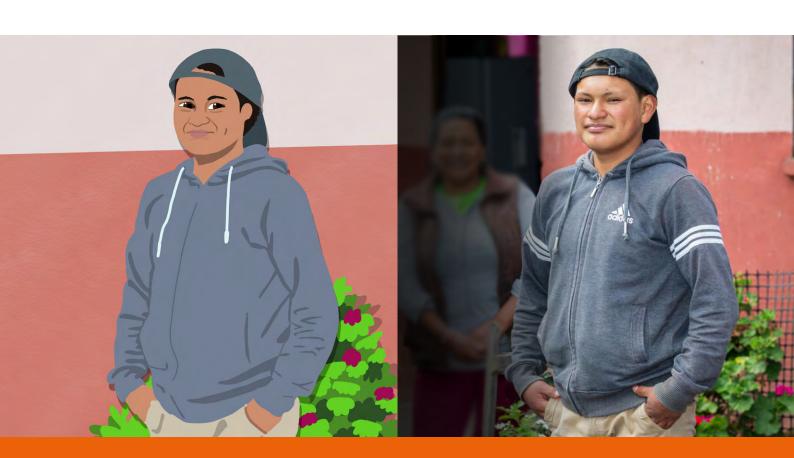
Daniel knew the power and freedom of dance. He wanted to help other young people find their confidence, too. So, he started a community dance group and invited kids from all around his village to join in.

Now each week, the dance group meets up and dances like their ancestors once did. They **whirl**, **twirl**, **dip**, and **dive**. They **joke** and **laugh**. They tell stories. They share their thoughts and dreams with each other.

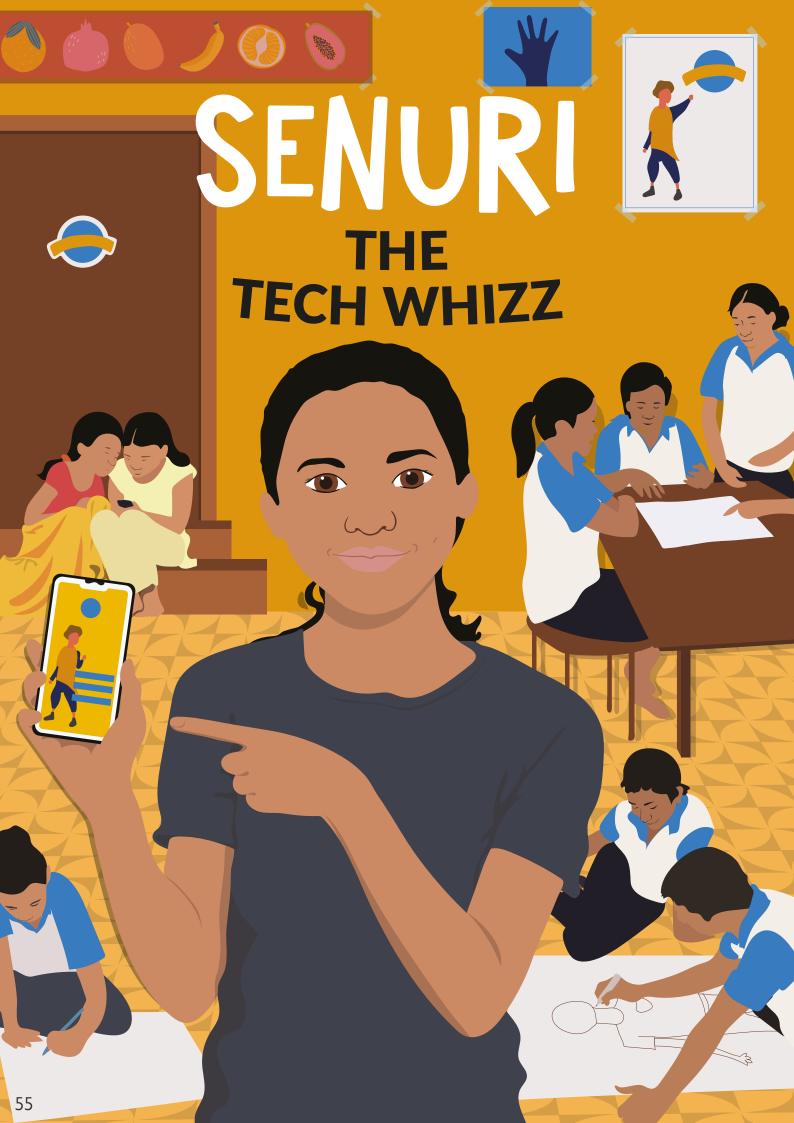
Each one of them knows they're important, that they have something to share with the world, and that they're not alone.

Daniel and lots of kids in his village are now becoming leaders, dancing their way from shyness to confidence.

"When I grow up, I want to keep helping people – girls and boys and even adults – to feel safe."



What about you? What makes you feel brave and confident?



Senuri had had enough.

ENOUGH!

"If you want kids to behave, you have to be tough on them!"

That's what lots of people in Senuri's neighbourhood in Sri Lanka said.

But they weren't talking about being sent to your room or having something taken away from you.

They were talking about punishing kids by hurting them. 💢



She knew kids - just like adults - had rights.

Kids shouldn't have to live their lives in fear that someone would hurt them.

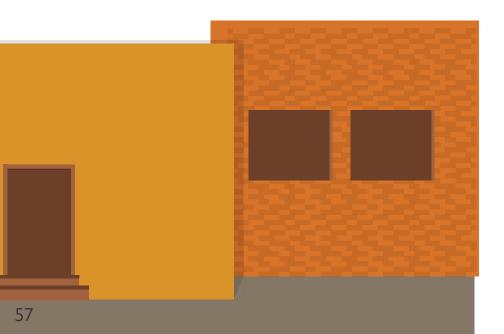
She also knew some kids in her neighbourhood didn't feel safe when they went home after school each day.

And that was a **BIG problem**.

Kids need a way to get help if they need it, Senuri thought. But how?

She didn't have the answer yet – but Senuri knew who she could ask for help.

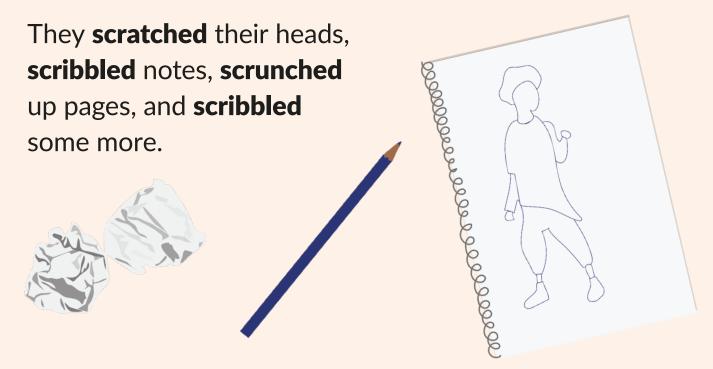
Senuri had known World Vision friends in her community for eight years. In that time, she'd learned from them that kids like her could make **BIG things** happen – even bigger than adults sometimes.



She'd also learned about her **rights** and **safety**, and lots of other things that would help her in the future.

"It's not okay that some kids are scared to be at home," Senuri said. "We need to find a way to stop it!"

Senuri got together with some friends who agreed.



And then...

"We know what to do! We'll make an app!" Senuri exclaimed.

"Almost everyone has a phone in their pocket – we'll make sure they can use it to get help when they don't feel safe!"

The app would connect kids with help – like the closest police station – and would track where a kid was when they needed help.

"It's a great idea!" said Senuri's World Vision friends. They shared the idea with some other adults who wanted to protect kids, too, and found an app developer to make it happen.

Soon, Senuri and her friends were choosing background colours and dreaming up cartoon characters to make the app fun for kids.

"We don't want it to be boring!" they told the app developer.

"Let's have cool news and safety tips pop up, and a chat box so kids can talk and share ideas!"



Senuri and her friends were nervous the day the app was launched.

Would kids like it?

Would it work?

Would it actually help keep kids safe?

Yes!

Today, the app is used by kids all over Sri Lanka.

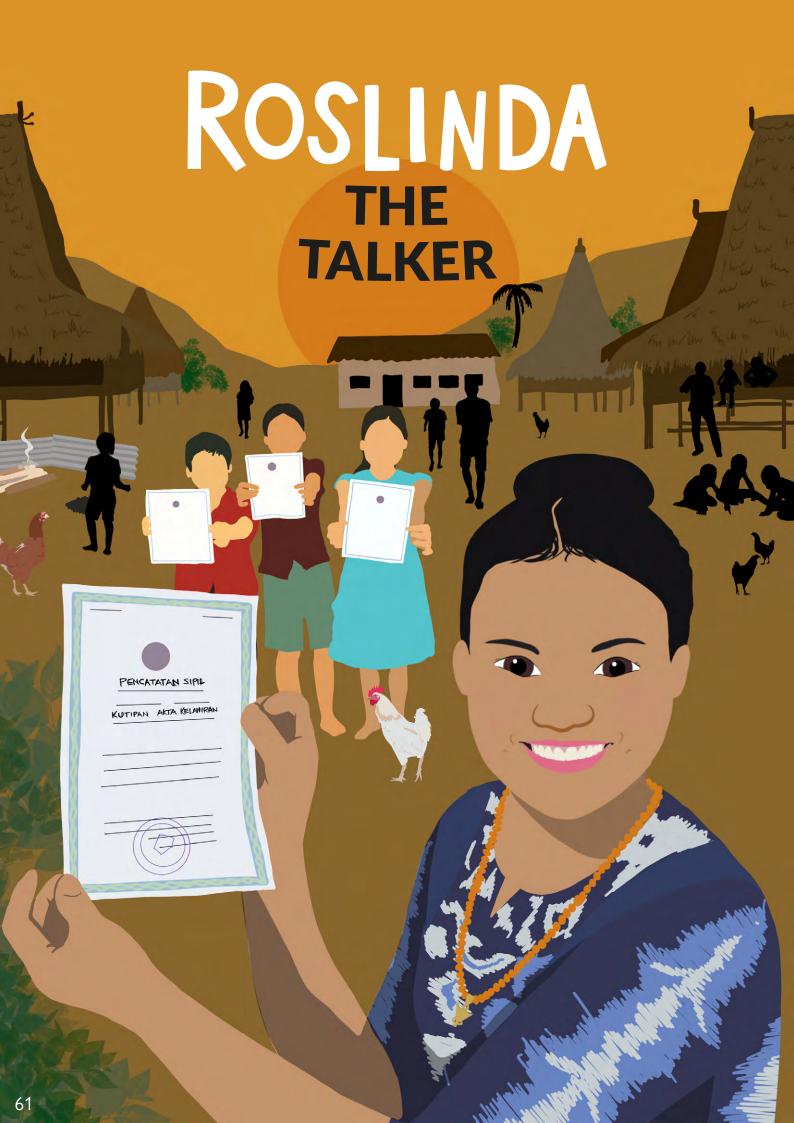
It works in three languages and kids can send pictures, voice memos, or videos to police to explain what's happening if they need help. A police officer investigates every single report that comes through the app, and kids can also use it to track what police are doing.

Senuri is now 17. She is **super-happy** the app is doing its job.

"You can do big things when you use your voice," she says. "I hope this app will help more kids who are afraid to speak up, to find their voice."



What about you? If you designed an app, what would it do?



As she looked out across the rows of important-looking women and men, dressed in fancy clothes and suits, Roslinda felt her tummy backflip.

She took a deep breath.

"Safety is every child's right," she said, looking straight into their faces.

"The world needs to work harder so that every child can be protected from violence of any kind."

That room was full of big thinkers and decision-makers from all over the world, and Roslinda was just 14 years old.

Yet, they listened to what she had to say.



What did Roslinda do that was so special?

Well, Roslinda and her friends had helped children in their village to get their very own birth certificates.

Do you have a birth certificate?

You might never have thought about it, but a birth certificate gives you superpowers.



With a birth certificate, you can see a **doctor** when you're sick, go to **school**, open a **bank account**, get a **passport**, or apply for a **driver's licence**.

That is one amazing piece of paper!

Without a birth certificate, it's hard to do these things and so much more.

In some countries, if kids can't prove how old they are, they could be sent off to fight in the army, sent to work, or made to get married while they're still kids. Just a few years ago, most kids in Roslinda's village didn't have birth certificates.

Because of that, many kids didn't go to school.

Instead of having fun and doing kid stuff, they worried about what would happen to them.

All because they didn't have that piece of paper.

Roslinda used to think that was just how things had to be. After all, they were just kids – they couldn't do anything about it.



Then one day, she met some kids who thought differently.

They believed kids could change their world.

Their World Vision friends had shown them that kids had **great ideas** and could **take charge** to help solve problems in their community.

"I want to be like those kids and make a difference, too. I'll fight for the children in my village. I'll speak up!" Roslinda declared.

She and her friends started talking to their parents, village leaders, and everyone in between about birth certificates and how they would help make the village safe for kids.



They talked and talked and talked, and they wouldn't give up. Finally, their efforts paid off.

Today, almost every child in Roslinda's village has a birth certificate!

Village leaders have joined Roslinda and her friends in fighting for all kids to feel **safe**, **protected**, **cared** for... and to have that little piece of **superpowered paper**.

Roslinda is still speaking up for children. The big decision-makers invited her to speak again on new topics that were affecting kids in her community now. People from all over the world listened when Roslinda called!

When she finishes school, Roslinda wants to be a diplomat and represent her country in global conversations – because she's seen how talking can change the world for good.



What about you? Have you ever spoken up to help someone else? What happened?





Do you dare to dream?

All the girls and boys featured in this book are being impacted through World Vision's child sponsorship programme, where sponsors empower children and their communities to break free from poverty, for good.

When you sponsor a child, you walk hand-in-hand with their community to fix the root causes of poverty that are holding children back. You enable essentials like clean water, nutritious food, healthcare, and even more – child protection, education, and economic opportunities. But most importantly, you empower them with the skills and tools to bring change that lasts to their community.

You also have the opportunity to nurture a unique connection with your sponsored child, which can build their confidence, happiness, and hope. It might just change your life, too. Will you dare to join us?





Thank you Anita, Buyandorj, Dafroza, Semira, Jhesi, Isaac, Sudha, Daniel, Senuri and Roslinda – for sharing your personal stories with the world and reminding us to never give up on our dreams, no matter our circumstances.

Thank you to all the people who came together in each location to help you share your stories, including World Vision content creators Sarah Ooko, Yuventa Yuve Chang, Annila Harris, Otgokhuu Dashorj, Kisuma Mapunda, Aklilu Kassaye, Lanelyn Carillo, Victor Martinez Castillo, Rolando Flores, Heydi Ortega, Mridula Narayan, Chris Huber, Gabriela Becerra, Andrea Proano, and Hasanthi Jayamaha.

Thank you to World Vision's dedicated, caring, and incredible staff and volunteers serving children and communities where these girls and boys live in Kenya, Mongolia, Tanzania, Ethiopia, the Philippines, Nicaragua, India, Ecuador, Sri Lanka, and Indonesia.

Thank you to World Vision's amazing child sponsors, who have helped the girls and boys in this book, and millions more, to build brighter futures for themselves.

Finally, thank you to the book's production team: Elissa Webster, Mel Carswell, Arlene Bax, Jess Cox, Jen Taylor, and Steve Taylor.

