

My Act of Kindness Evaluation

Name: _____

1. My act of kindness plan was to _____
_____ for/to my _____.

2. I completed my act of kindness. (circle) Yes No

3. After I completed my act of kindness, I noticed my
_____ felt _____.

4. After I completed my act of kindness, I noticed I felt ____
_____.

5. I think my _____ felt deeply loved. (circle) yes no

6. I would like to show love and kindness to my family in the future by _____.

7. Did I meet our deep hope? *We are deeply loved and loving deeply*
(circle) yes no Write why or why not on the back