

## Approaches to Peace

**Peacekeeping:** ending direct violence, most of the time with a priority on the physical violence.

**Peacemaking:** changing adversarial attitudes through dialogue and mediated negotiations. It looks into addressing cultural violence.

**Peacebuilding:** structural transformation of the conflict's root causes from political, economic, and social spheres.

**True Peace:** a participatory nonviolent process that aims to prevent any form of violence, embraces respect for human rights, and aids the maintenance of nonviolent human interaction.

**Just Peace:** is built upon three pillars:

- an adaptive process and structure of human relationships using high justice and low violence
- a societal infrastructure that actively responds to conflict by nonviolent means
- a system that is permanent that allows interdependence of relationships and change